
 <p><b>GENERALITAT VALENCIANA</b> Conselleria d'Educació, Cultura i Universitats</p>	<p><b>PROVA D'ACCÉS A LA UNIVERSITAT</b> <b>PRUEBA DE ACCESO A LA UNIVERSIDAD</b></p>	 <p><b>SUV</b> sistema universitari valencià</p>
<p><b>CONVOCATÒRIA: ORDINÀRIA 2026</b></p>	<p><b>CONVOCATORIA: ORDINARIA 2026</b></p>	
<p><b>ASSIGNATURA: ANGLÈS</b></p>	<p><b>ASIGNATURA: INGLÉS</b></p>	

## ARE BOOMERS THE REAL IPAD BABIES?

The phone never leaves their palm. It blares and beeps at odd hours, threatening anyone in the vicinity with the sensory overload of a full-blast Facebook reel. It's a constant companion, but a distracting one, when it comes to family dinners and nights with friends and restaurant outings. And when they're in the solitude of their own homes, that phone is a compulsive doomscroll device that devours hours at a time. Research shows social media use is growing among people 65 and older and some of their children and grandchildren are worried they're slipping quietly into screen addiction.

Brendan Moriak, a 25-year-old film orchestrator, noticed that since he and his brother moved out, his Gen X parents' phone use has skyrocketed – and in unexpected ways. His mom asks AI which type of towels to buy. His dad used it to write a jukebox musical. "Gen X and Boomers are now ChatGPT-pilled and addicted to their phones," he said. "My parents are on their phones more than I'm on my phone." We can already hear the choir: "Not all boomers!" That may be true, but it's not just anecdotal. According to research firm GWI, the newly retired are more likely than people under 25 to own tablets, laptops and smart TVs.

Despite countless studies about teenage screen time use, the impact of phone addiction during retirement has yet to be fully understood. Research doesn't yet tell us what it means for individuals. Or for their families. One Washington woman said her husband's parents visit just a handful of times per year. During those visits, they spend much of the time scrolling Facebook and reading news apps and online shopping for their grandbabies – but very little time playing with them. "If Grandma can't even read 'Goodnight Moon' without taking a call, what is she telling her grandkids? Is the other person or device more important than you?"

Like so many wretched things in 2026, this phenomenon has roots in the pandemic. When religious services, book clubs, doctor appointments and family reunions went online in 2020, so did the retired. Navigating telehealth appointments and virtual socializing ultimately made some older adults feel

more confident in tech use and adoption.

Adapted from an article by Sophia Solano, The Washington Post, 18-3-2026.

### Part I. Reading Comprehension

**1. Are the following statements true (T) or false (F)? Identify the part of the text that supports your answer by copying the exact passage on the answer sheet. (2 points: 0.5 point each)**

- Older adults rarely use their phones during social situations like dinners or outings.
- Brendan Moriak believes his parents use their phones less than he does.
- The effects of phone addiction during retirement are already well understood by researchers.
- The rise in tech use among older adults is linked to the COVID-19 pandemic.

**2. Taking into account the information in the text, answer the following questions using your own words. Copying directly from the text is not allowed. (2.5 points: 1.25 point each)**

- Why are some younger family members concerned about older adults' phone use?
- How did the pandemic contribute to increased technology use among older adults?

**3. Taking into account the information in the text, answer the following questions using your own words. Copying directly from the text is not allowed. (2.5 points: 1.25 point each)**

vicinity      devours      skyrocketed      anecdotal      device      wretched

- circumstantial
- gadget
- neighbourhood
- despicable

**4. Choose a, b, c or d, in each question below. Only one choice is correct. (1.5 points: 0.5 point each)**

1. What does the text suggest about research on phone addiction among older adults?

- It clearly explains all its effects on families.
- It focuses mainly on teenagers rather than retirees.
- It is still limited and does not fully explain its impact.
- It proves that older adults are not affected by phone addiction.



2. According to the text, what do some grandparents do during family visits?
- They spend all their time playing with their grandchildren.
  - They avoid using their phones completely.
  - They focus on cooking and household tasks.
  - They often use their phones instead of interacting much with their grandchildren.
3. What does the text imply about device ownership among retirees?
- They own fewer devices than young people.
  - They are less interested in technology than teenagers.
  - They are more likely than young people to own certain devices.
  - They only use basic mobile phones.

**Part II. Composition (130 to 150 words approximately) (3 points)**

**5. Choose one of these two topics and write a composition about it.**

**A.** Write about a situation in which the use of a phone or digital device influenced a moment with your family or friends.

**B.** Write a text discussing whether it is acceptable to use smartphones during family gatherings.