

PRUEBAS DE ACCESO A LA UNIVERSIDAD PARA MAYORES DE 25 AÑOS – MAYO 2005
PROVES D'ACCES A LA UNIVERSITAT PER A MAJORS DE 25 ANYS - MAIG 2005

EJERCICIO/EXERCICI DE: LENGUA EXTRANJERA: INGLÉS

OBSERVACIONES/OBSERVACIONS: *WRITE YOUR ANSWERS ON A SEPARATE SHEET OF PAPER*

Sunbeds, tanning and UV exposure

The desire to acquire a tan for fashion or cosmetic purposes has led to a large increase in the use of artificial tanning sunbeds in, mostly, developed countries. Use of sunbeds for tanning continues to increase in popularity, especially among young women.

Sunbeds used in solariums, and sun tanning lamps, are artificial tanning devices that claim to offer an effective, quick and harmless alternative to natural sunlight. However, there is growing evidence that the ultraviolet (UV) radiation emitted by the lamps used in solariums may damage the skin and increase the risk of developing skin cancer.

Some 132 000 cases of malignant melanoma (the most fatal kind of skin cancer) and over two million cases of other skin cancers occur worldwide each year. One in every three cancers diagnosed worldwide is a skin cancer. Most skin cancers are attributable to over-exposure to natural UV radiation.

Sunlight, an essential prerequisite for life, may be extremely dangerous to human health. Excessive exposure to the sun is known to be associated with increased risks of various skin cancers, cataracts and other eye diseases, as well as accelerated skin ageing. It may also adversely affect people's ability to resist infectious diseases, and compromise the effectiveness of vaccination programmes.



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Questions

1. State in your own words what the text means by: "Sunlight, an essential prerequisite for life, may be extremely dangerous to human health." **(2 marks)**
2. Say in each case whether the statement is true (T) or false (F) *according to the text*. If the answer is not mentioned in the text, mark it as false. **(2 marks)**
 - a) Sunbeds are becoming more and more popular among young men.
 - b) There is proof that the use of tanning lamps may cause skin cancer.
 - c) Too much exposure to the sun can be bad for our health.
 - d) Sunlight does not affect our eyes.
3. These words are all found in the text: ***however, extremely, alternative, desire, compromise, every, growing***. Choose the ones that mean the same as the following: **(2 marks)**
 - a) wish
 - b) increasing
 - c) very
 - d) endanger
4. Choose *a, b* or *c* to complete the sentence correctly according to the information in the text. Only one answer is correct. **(2 marks)**
 - 4.1. The use of sunbeds is growing in popularity because...
 - a) they are very healthy for our skin.
 - b) having a suntan is fashionable.
 - c) the World Health Organisation recommends them.
 - 4.2. Sun tanning lamps...
 - a) do not emit ultraviolet radiation.
 - b) work with natural sun light.
 - c) can be dangerous for our skin.
 - 4.3. Most skin cancers are caused by...
 - a) exposing ourselves to too much UV radiation.
 - b) sunbeds and sun tanning lamps.
 - c) unknown factors.
 - 4.4. Sunlight is essential for human life...
 - a) and over-exposure is harmless.
 - b) because it is artificial.
 - c) although over-exposure can be very dangerous.
5. Answer the following two questions: **(2 marks)**
 - a) What do you think about using artificial methods to become sun tanned.
 - b) Do you think that our society depends on fashion and beauty too much. Give reasons.