



Nom de la Matèria

ANGLÈS / INGLÈS

Escriba las respuestas en el cuaderno de examen

Escriga les respostes en el quadern d'examen

Read the text and answer questions 1-5 below

Alternative medicine

1. Alternative medicine is, by definition, an alternative to modern western or orthodox medicine. But the term 'alternative' can be confusing, even disadvantageous for some people. Not many practitioners of homeopathy, acupuncture or herbalism think of their therapies as complete substitutes for modern medicine. Rather, they consider their disciplines as supplementary to orthodox medicine.
2. The problem is that many doctors refuse even to recognize 'natural' or alternative medicine because this implies a radically different view of health, illness and cure. But whatever doctors may think, the demand for alternative forms of medical therapy is stronger than ever before, as the limitations of modern medical science become more widely understood.
3. Alternative or natural health therapies are often rejected by orthodox medicine because they are sometimes administered by people with no formal medical training. But, in comparison with many traditional therapies, western medicine as we know it today is a very recent phenomenon. Until only 150 years ago, herbal medicine and simple inorganic compounds were the most effective treatments available.
4. Unlike orthodox medicine, natural health care has always existed. It's as old as the human race. For centuries humans have turned to special diets, plants, the human touch, acupuncture, and a wide variety of other natural healing modalities. Even animals instinctively look for plants and other natural methods to heal themselves when sick.
5. Despite the medical establishment's intolerant attitude, alternative therapies are being accepted by more and more doctors, and the World Health Organization has agreed to promote the integration of valuable, 'alternative' knowledge and skills in western medicine. They say that in today's health care environment it is essential to have a basic understanding of the philosophies, strengths and weaknesses of both orthodox and natural health care.

QUESTION 1. Synonyms. Find a word or phrase in the text which, in context, is similar in meaning or fits the definition of the following: (2,5 points)

- _____ a) Not clear
_____ b) Medical practice that treats illness by the insertion of needles
_____ c) Treatment
_____ d) Intuitively instinctively
_____ f) A person is said to be if he does not accept different opinions
_____ e) Faults or imperfections



QUESTION 2. Are the following statements true (T) or false (F)? (2,5 points)

- _____ a) A lot of alternative doctors want to eradicate modern medicine.
_____ b) Nowadays, more and more people are asking for alternative medicine
_____ c) People used herbal medicine for 150 years.
_____ d) Doctors who practice conventional medicine defend the idea that by instinct we prefer natural remedies.
_____ e) Today's consumers are given more information about the pros and cons of orthodox health care.
_____ f) Natural health care has always been considered as a possibility of cure of illnesses.

QUESTION 3. Choose a, b, or c, in each question below. Only one choice is (2 points: 0.5 each).

- _____ 1. Few practitioners of alternative medicine
a) consider their therapies to be complete replacements for modern medicine.
b) reject the term 'alternative'
c) refuse to recognize alternative medicine.
- _____ 2. Western medicine
a) has existed for a comparatively short time.
b) is based on many traditional therapies.
c) is practised by people with no formal medical training.
- _____ 3. Alternative therapies
a) are well regarded by the medical establishment.
b) are integrated into western medicine nowadays.
c) are becoming more popular with many doctors.
- _____ 4. The World Health Organization
a) has an intolerant attitude towards alternative therapies.
b) agrees with some alternative medicine.
c) will support effective traditional knowledge and skills.

QUESTION 4. Answer the following question using your own words. (0.5 points): Why are alternative therapies often rejected by conventional doctors?

QUESTION 5. Your personal opinion: Would you recommend the use of alternative therapies? Why? (0.5 points)

QUESTION 6. Vocabulary. Choose one of the words listed to fill each of the gaps in the sentences below. There are extra words that you cannot use. (2 points: 0.4 each).

wild teenage nature bookshelf hot corner dark soap

1. You usually use..... to wash your hands.
2. Elephants, lions and giraffes are all..... animals
3. I like animals. Last night I watched a programme about birds in Antarctica
4. My sister is 13; she reads magazines every week. She likes the love stories
5. you can get a quick..... meal here; for example burger and chips.